

# CITY OF HUMBOLDT RE-OPEN STRATEGY: RECREATIONAL SERVICES

## COMMUNITY AND LEISURE SERVICES DEPARTMENT

Updated: November 27, 2020

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## **PART 1: SUMMARY AND GUIDING INFORMATION**

### **RE-OPEN STRATEGY: RECREATIONAL SERVICES**

COVID-19 has had a dramatic impact on recreation within our community, essentially bringing to a halt all recreational programs and services offered to our residents. As a result of rental groups cancelling programming and the imposing of gathering limits, the Humboldt Uniplex was forced to close. The Leisure Services Department also chose to close the public playgrounds and delay the reopening of the Water Ridge Spray Park. All other outdoor recreation services remained open, including parks, trails, the athletic track, and disc golf course.

In response to the province easing restrictions and user groups preparing to ease back into operation, the Community Leisure Services (CLS) Department has developed this strategic document to outline a phased approach to re-opening recreational services. The document outlines general information pertaining to staffing and cleaning of recreational facilities, as well as detailed sheets for each indoor and outdoor facility. The document will evolve as new guidelines are released and as new services are permitted to reopen. The Leisure Services Department believes that recreation is a vital component of a healthy community and is committed to reopening our recreational services in a timely manner, while minimizing health and safety risks.

(status as of November 27, 2020)

<b><u>RECREATIONAL SERVICE</u></b>	<b><u>STATUS</u></b>
Municipal Parks	Open
Trail Systems	Open
Playgrounds	Open
Community Garden	Open
Spray Park	Open
Disc Golf Course	Open
Sports Fields	Open
Skateboard Park	Open
Outdoor Rink	Tentative Open – subject to weather
Crokicurl Rink	Tentative Open – subject to weather
Uniplex: Administration and Commons Area	Open
Uniplex: Fitness Room	Open
Uniplex: Convention Centre	Closed
Uniplex: Elgar Petersen Arena	Open
Uniplex: Aquatic Centre	Open
Uniplex: Curling Rink	Temporary Closure Until December 17
Uniplex: Curling Rink Lounge	Open
Uniplex Food Services	Open

## **RE-OPEN SASKATCHEWAN PLAN**

Re-Open Saskatchewan is a plan built on a methodical and phased-in approach to lift restrictions slowly and responsibly on businesses and services. For a detailed look at the Re-Open Saskatchewan Plan visit the Government of Saskatchewan's [website](#).

## **PUBLIC HEALTH ORDER**

Current [Public Health Order](#) states that:

- **Indoor Public Gatherings can not exceed 30 people**
- **Outdoor Public Gatherings can not exceed 30 people**

Exceptions to this order are critical public services, allowable business services, events and activities to the extent that the guidelines application to those events or activities found in the Re-Open Saskatchewan Plan on the Government of Saskatchewan website ([Saskatchewan.ca](#)) explicitly permits or requires an alternative gathering size for a specific event or activity. In such a case, the gathering size explicitly permitted or required shall not be exceeded and specified physical distancing shall be maintained.

Individuals identified by a Medical Health Officer as having COVID-19 or a close contact to someone with COVID-19 must immediately go into mandatory self-isolation until it is determined they no longer pose a public health threat.

Individuals who are household members or close contacts of a person or persons with COVID-19 must immediately go into mandatory self-isolation for 14 days from the last date of exposure and call HealthLine 811 if they become symptomatic.

All businesses permitted to operate shall do so in accordance with the public health order and in a manner that prevents transmission of COVID-19.

Mandatory masking in indoor public places will be extended to all Saskatchewan communities until December 17, 2020, [Indoor Mandatory Masking Requirements](#). As of November 27, 2020, this will include:

- All indoor fitness activities, with the exception of aquatic activities;
- Common areas in businesses and workplaces, even those areas which the public does not have access;
- Note that masking continues to be required in indoor public areas that have installed temporary barriers.

Non-medical masks are applicable to this Public Health Order. Information on masks and how to use them properly is on the Government of Saskatchewan website ([Saskatchewan.ca](#)).

Enforcement of mandatory masking is permitted under *The Public Health Act, 1994*; however, compliance through education is the primary preference of public health. Public health will closely monitor compliance and encourage all individuals, businesses, and organizations to abide by the masking order to reduce the risk of COVID-19 transmission. Enforcement options will be considered based on observed compliance with the order.

## **COVID WORKPLACE INFORMATION**

Businesses Operating in Saskatchewan must operate according to the following COVID-19 response guidelines. This information will apply to all workplaces in Saskatchewan as restrictions are lifted and businesses are brought back into service. [COVID-19 Workplace Information guidelines](#) include:

- General Workplace Information
- Cleaning, Disinfection and Personal Protective Equipment (PPE)
- Worker Health/Preventative Measures

## **COVID-19 CLEANING AND DISINFECTION FOR PUBLIC FACILITIES**

Since reopening, Community and Leisure Services has used the [COVID-19 Cleaning and Disinfection for Public Facility guidelines](#) provided by the Government of Saskatchewan. Community and Leisure Services have also updated all City cleaning and disinfection procedures.

## **APPROPRIATE USE OF PERSONAL PROTECTIVE EQUIPMENT (PPE)**

Employers and staff should adhere to the basic requirements of frequent handwashing, physical distancing and staying home when ill. The Government of Saskatchewan has provided [guidelines for Appropriate Use of Personal Protective Equipment \(PPE\)](#).

## **CLOTH MASK GUIDELINES**

Health officials have agreed that wearing a non-medical mask – even if you have no symptoms – is an additional measure you may take to protect others around you, particularly in situations where the recommended physical distancing cannot be maintained. To ensure you are using the appropriate mask and using them correctly visit the [Cloth Mask guidelines](#).

Mandatory Masking in indoor public places was put in place across all communities in Saskatchewan effective November 19, 2020, [Indoor Mandatory Masking Requirements](#). Mandatory non-medical mask use will be required during all indoor fitness activities, except for aquatic activities.

## **RE-OPENING STEPS**

The following provides a summary of the approach being taken to the re-opening of recreational services within the City of Humboldt. The stepped approach is designed to re-open recreational services as permitted, while adjusting for logistical and staffing considerations. Each service within the reopen strategy is further detailed in the coming pages with specific safe use recommendations, action items, financial implications, and any other relevant information.

**CURRENT STATUS:** We are currently in Step 2 Part 3. Step 3 will occur once provincial public health orders are lifted and allow more gatherings.

### **STEP 1: OUTDOOR RECREATION**

*Part 1:* Within part one of step one the following recreational services will remain open:

- Municipal Parks
- Trail Systems
- Community Garden
- Disc Golf Course
- Sport Fields
- Skateboard Park
- Outdoor Rink

*Part 2:* Within part two of step one the following recreational services will reopen:

- Playground structures
- Spray Park

### **STEP 2: UNIPLEX RE-OPENING**

*Part 1:* Within part one of step two the following will be complete:

- Recalling staff
- Retraining staff on new procedures including enhanced cleaning and modified program guidelines
- Cleaning and preparing the facility to be re-opened to the public

Part one started Monday, June 29th with preparation for part two to take place Monday, July 27th

*Part 2:* Re-opening of the following areas to regular, or near-regular hours of operation, with COVID-19 restrictions enforced on schedules and programs:

- Administration Desk and Common Areas – limited hours on weekends
- Fitness Room – limited hours on weekends, subject to maximum capacity
- Multipurpose Room – subject to small group meetings
- Aquatic Centre – open with few program limitations, subject to maximum capacities
- Curling Rink Lounge – subject to small group meetings

*Part 3:* Within part three of step two the Uniplex services opened in part 2 will look to expand their service levels, while new services will be reopened.

*Expanded Service Levels:*

- Administration Desk and Commons Area – return to regular hours Tuesday September 1<sup>st</sup>
- Fitness Room – return to regular hours Tuesday September 1<sup>st</sup>, subject to maximum capacity
- Multipurpose Room – subject to small group meetings
- Aquatic Centre – return to regular program hours Tuesday September 1<sup>st</sup>, subject to maximum capacities. Swimming Lessons and Leadership Courses to return to late fall (mid-October)
- Curling Rink Lounge – subject to small group meetings

#### *New Services Available:*

- EPA – open as originally planned (August 17<sup>th</sup> for on ice bookings)
- Food Services – open to serve the needs of the facility (September 8<sup>th</sup> for school lunch program)
- Convention Centre – re-open date and schedules TBD
- Curling Rink – Temporarily Closed Until December 17<sup>th</sup>
- Outdoor Rink – Tentative Open – subject to weather
- Crokicurl Rink – Tentative Open – subject to weather

*\*All operations are subject to change as the Government of Saskatchewan guidelines change*

### **STEP 3: RETURN TO NORMAL OPERATIONS:**

- Albeit with enhanced cleaning procedures and physical distancing measures, entering this phase would signal that we have returned to acceptable levels of service across all our recreational operations.

### **RE-OPEN SASKATCHEWAN GUIDELINES APPLICABLE TO ALL CLS FACILITIES**

- For general workplace guidelines, please refer to [COVID-19 Workplace Information guidelines](#)
- Group sizes must comply with the current public health order
  - CURRENT PUBLIC OUTDOOR GATHERING LIMIT: 30
  - CURRENT PUBLIC INDOOR GATHERING LIMIT: 30
- Physical distancing should be maintained wherever possible
- Physical barriers and directional flow markings should be located throughout the facility where applicable
- People exhibiting signs of illness should not enter parks, playgrounds, facilities or participate in programs. If you think you may be sick, use the Government of Saskatchewan's [Self Assessment Tool for COVID-19](#) and follow the subsequent directions
- Vulnerable individuals, such as seniors and those with underlying health conditions, should continue to exercise caution and minimize high-risk exposures, such as public outings
- Mask use is required as per the Public Health Order starting November 16, 2020 ([Saskatchewan.ca](#))
  - Non-medical masks, such as cloth or other materials are additional measures to protect yourself and others around when physical distancing is not attainable or unpredictable.
- Mandatory Masking Expanded
  - Mandatory, non-medical mask use will be required during all indoor fitness activities, with aquatic activities the only exception;

- All employees and visitors in all common areas in businesses and workplaces, even in those areas which the public does not have access (e.g. construction sites, manufacturing facilities);
- Note that masking continues to be required in indoor public areas that have installed temporary barriers.
- Practise proper hand hygiene:
  - Wash your hands frequently with soap and warm water or, when unavailable, with hand sanitizer
  - Refrain from touching your face
  - Carry and use alcohol-based hand sanitizers approved by Health Canada (DIN or NPN number) before and after participating in any activity, event or visiting public spaces
- Do not enter a facility or participate in an activity if you have:
  - Have:
    - Fever
    - Cough
    - Headache
    - Muscle and/or joint aches and pains
    - Sore throat
    - Chills
    - Runny nose
    - Nasal congestion
    - Conjunctivitis (pink eye)
    - Dizziness
    - Fatigue
    - Nausea/vomiting
    - Diarrhea
    - Loss of appetite (difficulty feeding for children)
    - Loss of sense of taste or smell
    - Shortness of breath
    - Difficulty breathing
  - Have travelled outside of Canada within the last 14 days
  - Are a close contact of a person who tested positive for COVID-19
  - Have tested positive for COVID-19
  - Call HealthLine (811) if you have recently travelled and are experiencing respiratory or flu-like symptoms
- All businesses permitted to operate shall do so in accordance with the public health order and in a manner that prevents transmission of COVID-19

*For additional information, please call the Business Response Team at 1-844-800-8688 or email [supportforbusiness@gov.sk.ca](mailto:supportforbusiness@gov.sk.ca)*





## **PART 2: OUTDOOR RECREATION SERVICES**

### **MUNICIPAL PARKS & PLAYGROUNDS**

<b>CURRENT STATUS:</b>	<b>OPEN</b>
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<b>RE-OPEN SASKATCHEWAN:</b>	<b>PERMITTED. SUBJECT TO PUBLIC HEALTH ORDER</b>
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- Shortly after local school divisions chose to close their playgrounds, the City playground structures were closed in early April with signage erected at each location
- Playground structures were able to reopen in Phase 3 of the Re-Open Saskatchewan Plan
- Municipal Parks (open spaces) have remained open throughout the duration of the COVID-19 pandemic
- CLS staff referred to the [Parks and Outdoor Playground guidelines](#) to put in place the applicable measures for the facility
- Signage was installed reminding users to maintain physical distance of 2 meters (6ft.) from other users and to follow the current Public Health Orders. Signage was updated to include information reminding users that this amenity is not regularly sanitized and notes the public health reminders on hygiene, staying home when sick and maintain physical distancing
- Private park events can continue, given that park users are following the Provincial Guidelines specific to their event (ex: wedding ceremonies, child and youth day camps, graduations, etc.)
- All community events must be postponed

### **TRAIL SYSTEMS**

<b>CURRENT STATUS:</b>	<b>OPEN</b>
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<b>RE-OPEN SASKATCHEWAN:</b>	<b>PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER</b>
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- Trail systems were never closed due to the pandemic, therefore there were no guidelines released in the Re-Open Saskatchewan Plan for trails
- The trail systems have been actively promoted through social media as an activity that residents can take part in a safe manner during the COVID-19 pandemic
- CLS staff have noticed an increase use of the 5<sup>th</sup> Avenue and Wildlife Trail compared to previous years
- Residents were reminded to practice social distancing on the trails and to practice proper hand hygiene



### **COMMUNITY GARDEN**

<b>CURRENT STATUS:</b>	<b>OPEN</b>
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<b>RE-OPEN SASKATCHEWAN:</b>	<b>PERMITTED. SUBJECT TO PUBLIC HEALTH ORDER</b>
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- Community gardens can be operational, subject to physical distancing and public gathering restrictions
- Precautionary measures must include the cleaning and disinfection of commonly touched areas, including water taps, gardening tools and other frequent touch points
- The community garden is overseen by the CLS department, but a volunteer group oversees the day to day operations and works with the community plot renters. CLS will continue to work closely with this group to make sure all restrictions and precautions continue to be adhered to

### **SPRAY PARK**

<b>CURRENT STATUS:</b>	<b>OPEN</b>
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<b>RE-OPEN SASKATCHEWAN:</b>	<b>PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER</b>
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- Closure of facilities began in mid-March, at this point the spray park was already closed and re-opening would follow the provincial guidelines
- Spray parks were able to re-open in Phase 4 Part 1 (June 22) of the Re-Open Saskatchewan plan
- CLS referred to the [Recreation guidelines – Splash Pads, Fill and Drain Paddling Pools](#) to put in place the applicable measures for the facility
- The JCI Spray Park did open on June 22 with restricted hours to accommodate early morning maintenance. Maintenance was completed July 1 and full hours returned
- **The JCI Spray Park closed on September 20 for the season**
- Signage was installed informing users that this amenity is not regularly sanitized and notes the public health reminders on hygiene, staying home when sick and maintaining physical distancing

### **DISC GOLF COURSE**

<b>CURRENT STATUS:</b>	<b>OPEN</b>
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<b>RE-OPEN SASKATCHEWAN:</b>	<b>PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER</b>
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- The Disc Golf Course was never closed due to the pandemic, therefore there were no guidelines released in the Re-Open Saskatchewan Plan for disc golf
- Access to borrowing or purchasing disc golf discs were suspended along with the closure of the Uniplex
- Upon re-opening the Uniplex, borrowing and purchasing discs were reinstated. Borrowing discs from CLS did come with a limit of discs per group. Upon return of borrowed discs, CLS staff are disinfecting the set

- Signage was installed informing users that this amenity is not regularly sanitized and notes the public health reminders on hygiene, staying home when sick and maintaining physical distancing

### **SPORT FIELDS**

<b>CURRENT STATUS:</b>	<b>OPEN</b>
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<b>RE-OPEN SASKATCHEWAN:</b>	<b>PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER</b>
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- Closure of facilities began in mid-March, at this point the sport fields were already closed and reopening would follow the provincial guidelines. All sport organizations had suspended operations in response to the pandemic
- Outdoor sports and recreational activities were able to re-open in Phase 4 Part 1 (June 22) of the Re-Open Saskatchewan plan
- Indoor sports and recreational activities were able to re-open in Phase 4 Part 2 (July 6) of the Re-Open Saskatchewan plan
- CLS referred to the [Sports and Activities guidelines](#) when re-opening sport fields
- Each organization wanting to use a sport field was required to submit a master schedule to CLS to enter in the BookKing system to ensure that there was no overlapping of groups on one sport field/park
- Each sports organization and/or facility must establish a plan for how to minimize physical contact and the risk of COVID-19 transmission between participants. The guidance should align with provincial and national sporting bodies for each activity and be at least as restrictive as provincial guidelines. For the duration of the COVID-19 Pandemic, all users must adhere to the most current Provincial Sport Governing Body Return to Play Protocol and the current provincial order
- Signage was installed informing users that this amenity is not regularly sanitized and notes the public health reminders on hygiene, staying home when sick and maintaining physical distancing
- Mini-leagues are allowed for Game Play.
  - Mini-leagues must have a **50-person maximum per mini-league** (includes coaches/staff, instructors, participants from multiple teams, officials and volunteers who cannot always maintain two metres of distancing from others). Spectators are not included in the 50-person but are subject to the public health order gathering numbers.
  - Only **30 people** of the 50-person maximum **can be participating** in a game or competition **at one time**

### **SKATEBOARD PARK**

<b>CURRENT STATUS:</b>	<b>OPEN</b>
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<b>RE-OPEN SASKATCHEWAN:</b>	<b>PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER</b>
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- The Skateboard Park was never closed due to the pandemic, therefore there were no guidelines released in the Re-Open Saskatchewan Plan for skate parks



- Signage was installed informing users that this amenity is not regularly sanitized and notes the public health reminders on hygiene, staying home when sick and maintaining physical distancing

### **OUTDOOR RINK**

<b>CURRENT STATUS:</b>	<b>TENTATIVE OPEN (subject to weather)</b>
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<b>RE-OPEN SASKATCHEWAN:</b>	<b>PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER</b>
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- Closure of facilities began in mid-March, at this point the Outdoor Rink was already closed and reopening would follow the provincial guidelines
- Outdoor sports and recreational activities were able to re-open in Phase 4 Part 1 (June 22) of the Re-Open Saskatchewan plan
- CLS referred to the [Sports and Activities - Winter Activities guidelines](#) to put in place the applicable measures for the facility
- Signage was installed reminding users to maintain physical distance of 2 meters (6ft.) from other users and to follow the current Public Health Orders. Signage was updated to include information reminding users that this amenity is not regularly sanitized and notes the public health reminders on hygiene, staying home when sick and maintain physical distancing
- Do not share toys or equipment between groups
- Group sizes must comply with the public gathering restrictions in the public health order

### **CROKICURL RINK**

<b>CURRENT STATUS:</b>	<b>TENTATIVE OPEN (subject to weather)</b>
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<b>RE-OPEN SASKATCHEWAN:</b>	<b>PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER</b>
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- Parks and Playground structures were able to reopen in Phase 3 of the Re-Open Saskatchewan Plan
- Outdoor sports and recreational activities were able to re-open in Phase 4 Part 1 (June 22) of the Re-Open Saskatchewan plan
- CLS staff referred to the [Parks and Outdoor Playground guidelines](#) and [Sports and Activities - Winter Activities guidelines](#) to put in place the applicable measures for the facility
- Signage was installed reminding users to maintain physical distance of 2 meters (6ft.) from other users and to follow the current Public Health Orders. Signage was updated to include information reminding users that this amenity is not regularly sanitized and notes the public health reminders on hygiene, staying home when sick and maintaining physical distancing
- Group sizes must comply with the public gathering restrictions in the public health order
- Municipal Parks (open spaces) have remained open throughout the duration of the COVID-19 pandemic

## **PART 3: INDOOR RECREATION SERVICES**

### **UNIPLEX: ADMINISTRATION AND COMMON AREAS**

CURRENT STATUS:	OPEN
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RE-OPEN SASKATCHEWAN:	PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER
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- The Administration and Common Area was closed mid-March along with the closure of the entire Uniplex facility
- Current Hours of Operation:
  - Monday to Friday 6:30am to 9:30pm
  - Saturday and Sunday 8:30am to 8:30pm
  - Stat Holidays 9:30am to 4:00pm
- Contactless payment is preferred; however, cash may be accepted where necessary
- Limit gatherings with other people when entering and leaving the Uniplex Facility. Discourage gatherings amongst patrons
- Physical barriers and directional flow markings should be located throughout the facility where able to
- Enhanced cleaning and disinfection are required in public and staff areas, including, but not limited to, change rooms, door handles/knobs, handrails, light switches, payment devices, shared workstations, vending machines, table, etc.
- Drinking fountains must be closed. Water bottle filling stations are acceptable if appropriately and frequently sanitized
- **Mandatory Mask in place as of November 16 Public Health Order**

### **UNIPLEX: FITNESS ROOM**

CURRENT STATUS:	OPEN
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RE-OPEN SASKATCHEWAN:	PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER
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- The Fitness Room was closed mid-March along with the closure of the entire Uniplex facility
- Fitness Rooms were able to reopen in Phase 3 of the Re-Open Saskatchewan plan
- CLS referred to the [Gyms and Fitness Facility guidelines](#) to put in place the applicable measures for the facility
- Current Hours of Operation:
  - Monday to Friday 6:30am to 9:30pm
  - Saturday and Sunday 8:30am to 8:30pm
  - Stat Holidays 9:30am to 4:30pm
- Due to the size of the Fitness Room the maximum occupancy is **8 patrons**
- All patrons must maintain a minimum physical distance of **3 metres (9ft) while in the Fitness Room**



- All programs will be drop in based. Spaces are limited. Patrons are encouraged to call before they arrive to see if there are spots available, but we cannot guarantee that a spot will remain open for them
- Patrons must go to the Front Desk before using the Fitness Room
- Whenever possible, use contactless forms of payment and check-in
- Whenever possible, members of the public should enter and exit the facility in their workout clothes to minimize time in change rooms
- Patrons will be given their own spray bottles to ensure they are cleaning the equipment they use and to assist CLS staff in monitoring the facility capacity
- Patrons MUST clean their equipment with their spray bottles and provided disposable paper towels after use
- Cleaning and disinfection have been enhanced in the facility. Scheduled cleaning and disinfecting times are scheduled throughout the day. At this point patrons are required to leave the fitness room but can return once cleaning is complete
- Scheduled disinfecting will take place:
  - Monday to Friday 6:00am to 6:30am; 1:30pm to 2:00pm
  - Friday 5:00pm to 5:30pm
  - Saturday and Sunday 1:00pm to 1:30pm; 8:30pm to 9:00pm
  - Stat Holidays 12:00pm to 12:30pm
- Equipment should NOT be shared or used simultaneously
- Drinking fountains must be closed. The water bottle filling station is open. Patrons must bring their own water bottles. Cups will not be provided at this time
- **Mandatory Mask in place as of November 16 Public Health Order. As of November 27<sup>th</sup>, this was extended to include all indoor fitness activities**

## **UNIPLEX: CONVENTION CENTRE**

<b>CURRENT STATUS:</b>	<b>CLOSED</b>
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<b>RE-OPEN SASKATCHEWAN:</b>	<b>PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER</b>
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- The Convention Centre was closed mid-March along with the closure of the entire Uniplex facility
- Banquet and conference facilities were able to re-open in Phase 4 Part 2 of the Re-Open Saskatchewan plan
- Saskatchewan Health Authority has been utilizing the Convention Centre since March 23<sup>rd</sup>. To date there has been no indication to when the end date for the rental will occur. Until then CLS will monitor the [Banquet and Conference Facility guidelines](#) to prepare for re-open

## **UNIPLEX: ELGAR PETERSEN ARENA**

<b>CURRENT STATUS:</b>	<b>OPEN</b>
<b>RE-OPEN SASKATCHEWAN:</b>	<b>PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER</b>

- Closure of facilities began in mid-March. All sport organizations had suspended operations in response to the pandemic
- Indoor sports and recreational activities were able to reopen in Phase 4 Part 2 (July 6) of the Re-Open Saskatchewan plan
- CLS referred to the [Sports and Activities guidelines](#) when reopening the Elgar Petersen Arena
- Priority users were required to submit a master schedule to CLS to enter in the BookKing system to ensure that there was no overlapping of groups in the arena
- Each sports organization and/or facility must establish a plan for how to minimize physical contact and the risk of COVID-19 transmission between participants. The guidance should align with provincial and national sporting bodies for each activity and be at least as restrictive as provincial guidelines. For the duration of the COVID-19 Pandemic, all users must adhere to the most current Provincial Sport Governing Body Return to Play Protocol and the current provincial order
- Cleaning and disinfection have been enhanced in the facility
- Mandatory Mask in place as of November 16 Public Health Order. As of November 27<sup>th</sup>, this was extended to include all indoor fitness activities
- Gathering Capacities are as follows:
  - Public Skating, Parent & Tot = 30 patrons in the EPA (this includes on the ice and in the stands)
  - Private Rentals & User Groups = 8 active participants on the ice, and 22 other patrons (these could be coaches, spectators, siblings, etc.)
  - Dressing rooms = 8 participants

### **Arena Guidelines**

For general workplace guidelines, please refer to COVID-19 Workplace Information. Operators of arenas and recreation facilities (multiplexes, rinks, etc.) in Saskatchewan must be in compliance with these guidelines. The information below provides guidelines for the hockey leagues that are supplementary to the reviewed and accepted association plans. Hockey organizations are expected to follow these guidelines and those of their provincial sport organizations; where there is a discrepancy between these guidelines and those of the organizations, the most conservative direction applies.

- Organizations that use arenas for their activities will work with member associations, facilities and local municipalities to ensure the necessary public health measures are taking place at facilities.
- The COVID representative for each organization/association/league will be the primary liaison with the local municipality for COVID-19 health and safety matters at each facility.
- Facility operators are responsible for implementing measures to prevent the transmission of COVID-19.
- Each facility must establish a plan to ensure two meters of physical distancing and minimize the risk of COVID-19 transmission between attendees – inside and outside the facility.

## *General Information*

- Renters should designate one or more people to be responsible for ensuring compliance with:
  - that on ice and spectators do not exceed the group size set by the public health order
  - that participants are arriving and departing in a timely manner to allow for cleaning;
  - must ensure that dressing rooms are cleaned properly with no garbage or items left behind to assist with cleaning;
  - records of participants and spectators for each rental. These records must be kept for one month and are only used for the purposes of contact tracing;
  - ensuring that participants are not sick or symptomatic.
- Renter's responsibility to forward the rules to the parents and participants. Guidelines may change, the document will be forwarded to the renter and will be responsible for communicating the changes
- All patrons must maintain a minimum physical distance of 2 metres (6ft) in all areas
- Signage and directional flow markers are placed throughout the facility to promote physical distancing
- Discourage gatherings of spectators in common areas
- Participants are asked to arrive no more than 20 minutes to their scheduled activity and depart no more than 20 minutes from the facility, unless otherwise agreed upon by the CLS management
- Attendees should leave immediately following the event/gathering to discourage gathering in common areas
- Drinking fountains must be closed. Our water bottle filling station is open. Patrons must bring their own water bottles
- Spectators in the arena can have food and beverages, but must sit in a designated spot and cannot bring food or beverage to the activity surface

## *Conditioning, Training, and Individual Competition*

- As of November 27, 2020, all team sport activities are suspended
- Athletes and performers 18 years of age and under may continue conditioning and skills training in groups of eight or fewer, abiding by the required mask use and at least three metres of physical distancing between participants at all times.
- Coaches /trainers are not included in the training group numbers as long as they are masked and maintain a minimum physical distance of three metres.
- Individual groups of eight may not share a training/rehearsal surface or space at the same time.
- Individual conditioning/training and individual sports activities with consistent masking in enclosed areas and consistent three metres of physical distancing are permitted. Mask removal is only permitted during aquatic activities.
- Intra-provincial competition is permitted for sports and activities where athletes compete individually, provided the number of participants does not exceed the public gathering limits and physical contact is avoided.
- Tournaments are not permitted.
- Parents and guardians should not enter participant spaces unless it is needed for player support (ex: tying skates)
- Contactless fundraising activities are permitted



- Registration processes should be completed online whenever possible
- Participants are encouraged to arrive at the facility dressed, but it is not mandatory

## *Participant Capacity and Mini-League Guidelines*

- Individual conditioning/training and individual sports activities with consistent masking in enclosed areas and consistent three metres of physical distancing are permitted. Mask removal is only permitted during aquatic activities.
- Members of household groups must sit together, with a minimum of two metres between household groups – side to side and front to back.
  - Spectator visiting, moving around and congregating is strongly discouraged.
  - Spectators should not be within two metres of players as they enter/exit the ice surface or dressing rooms.
  - Spectators (excluding parents and guardians where necessary for player support) must be kept out of player spaces (e.g. locker room, team bench, etc.).
  - The number of staff and volunteers should be adequate for the event; however, event organizers may not assign attendees as volunteers or other staff members in order to circumvent event capacity restrictions.
  - All players, coaches, team officials and spectators are strongly encouraged to use the Government of Canada's proximity tracking app.

## *Participant Health and Illness*

- Patrons/staff who are sick or symptomatic must not enter/participate. Participants, spectators and volunteers should use the Government of Saskatchewan's self-assessment tool for COVID-19 and follow the subsequent directions.
- Organizers/Renters must keep a record of attendees. All players, spectators, staff and volunteers should be provided with a sign-in on arrival option, with name, phone number and/or email to facilitate contact tracing, if necessary. Records of attendance must be retained for a minimum of one month. Where possible, do not use a common pen. Providing this information is voluntary for attendees and can only be used for the purposes of COVID-19 contact tracing.
- If a person becomes sick, they should immediately stop participating and return home.
- If a person becomes sick or injured, and first aid or further care is required:
  - Try to limit the number of individuals in contact with the sick person.
  - Place a mask over the individual's mouth and nose if they are not able to do so. Maintain a safe distance until the mask is in place.
- First aid providers caring for people should follow standard precautions. Those who provide direct care requiring close or direct contact should wear a mask.
- Following care, first aid providers should discard the mask and gloves following standard procedures and perform hand hygiene.

## *Physical Distancing*

- Physical distancing must be observed at all times, with a minimum of two metres of space between individuals.
- Schedules should allow for adequate cleaning and disinfection between uses.
- *Wherever possible, promote physical distancing by:*
  - Promoting one-way traffic flow to avoid individuals from inadvertently interacting.

- Placing stickers or signage on the wall/floor every two metres.
- Limiting lane use on indoor tracks to every other lane to promote physical distancing.
- Spacing seats or assigning seating at two-metre distances, this is responsibility of the renter/organizer.
- Reducing capacity in each room, venue, court or ice surface in the facility.
- Common area chairs and tables should be stacked, roped off or removed from the area to promote distancing.
- Consider physical barriers (e.g. Plexiglas) at patron contact points.
- Staff should wear masks when they are not separated by a physical barrier or two metres from participants. Other personal protective equipment may be appropriate depending on the task being performed (e.g. first aid or resuscitation).

#### *Cleaning, Disinfection and Hand Hygiene*

- Increase the frequency of cleaning and disinfecting of commonly touched surfaces and shared equipment, such as vending machines, water fountain handles, doorknobs, handrails, light switches, countertops, tables, equipment handles and consoles.
- All frequently touched surfaces should be cleaned and disinfected prior to a new group being provided access to field space, including benches, dugouts, bleachers, railings, picnic areas, gates, etc.
- Encourage participants to bring their own equipment to the facility.
- Individuals must not share personal items (i.e. personal equipment or beverage containers) and should be visibly clean.
- Players must have their own marked water bottles.
- Ensure that handwashing sinks are fully stocked with soap and paper towels.
- Place an alcohol-based hand sanitizer approved by Health Canada (DIN or NPN number) in dispensers or soap and water handwashing stations near doors, common use equipment, washrooms/locker rooms, courtside and team areas, and other high-touch locations for patrons and staff. Patrons should be encouraged to bring their own hand sanitizer when possible.
- Hand hygiene should be performed prior to play and contacting shared equipment, as well as through the duration of the activity (i.e. intermissions, breaks, etc.) and at the end.

#### *Conduct*

- Spitting (includes seeds, tobacco, and fluids) and other similar activities increase the risk of transmission of COVID-19 and are not permitted
- Congratulatory gestures such as high fives and handshakes are not permitted
- Spectators, participants and players, staff, coaches, and volunteers should try to minimize cheering and whistling as much as possible to control the spread of COVID-19
- Players must wait in dressing rooms in designated spots and not line up to wait at the gates
- Participants should clean their hands before and after using shared equipment (e.g. climbing and gymnastics equipment)
- Shared equipment (e.g. sticks, etc.) should be cleaned and disinfected after contact between individuals
- It is the responsibility of the user group to wipe down the seating areas before and after each use
- Dressing Rooms are subject to maximum capacities

- Intentional contact during sport or activity is prohibited

### Public Skating and Stick & Puck

- Mandatory mask order is in affect for everyone in an indoor public facility
- All programs will be drop in based. Spaces are limited. Patrons are encouraged to call before they arrive to see if there are spots available, but we cannot guarantee that a spot will remain open for them.
- Patrons are required to go to the Front Desk
- Whenever possible, use contactless forms of payment and check-in
- **Maximum 30** skaters, supervisors, and spectators in the arena at one time. **This will include those participating in the Walking Program**
- To ensure that capacity numbers are being followed anyone entering the arena during a public program will receive a wristband. At the end of the program, the wristbands are to be returned to the Front Desk to be disinfected
- Dressing rooms will not be available for Public Skating and Stick & Puck. Benches are only available for tying skates. Participants are encouraged to arrive at the facility dressed
  - If the benches are full, please wait in the hallway while practicing physical distancing until spots are available
- Children and Youth (0-11 years) should be accompanied by an adult to ensure compliance with physical distancing. Parent or guardian must be 16 years of age in the arena with them, with 4 Children/Youth to 1 adult
- Equipment such as sticks, gloves, helmets, etc. must not be shared among participants from separate households
- Each participant must have their own water bottle. Water Fountains will be closed
- Congratulatory gestures such as high fives and handshakes are not permitted
- It is the responsibility of the user group to wipe down the seating areas before and after each use

### Walking Program

- Due to Covid-19 restrictions, walking times have been restricted. For the most updated times please call the Uniplex Front Desk before arriving.
- Walkers will be given a wristband upon entry to ensure that staff is able to ensure Public Health Order Gathering Capacity Numbers are followed.
- **Mandatory mask order is in affect while participating in this program.**

### UNIPLEX: AQUATIC CENTRE

CURRENT STATUS:	OPEN
RE-OPEN SASKATCHEWAN:	PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER

- Closure of facilities began in mid-March. All sport organizations had suspended operations in response to the pandemic
- Indoor pools were able to reopen in Phase 4 Part 2 (July 6) of the Re-Open Saskatchewan plan
- CLS referred to the [Recreation guidelines – Aquatic Facilities](#) when reopening the Aquatic Centre

- Pre-COVID program hours have been reinstated. Patrons should visit the [online schedule](#) for updated program times
- **Mandatory Mask in place as of November 16 Public Health Order, except when in the pool**
- All patrons must maintain a minimum physical distance of 2 metres (6ft) in all areas
- Cleaning and disinfection have been enhanced in the facility
- Drinking fountains must be closed. Our water bottle filling station is open. Patrons must bring their own water bottles
- All programs will be drop in based. Spaces are limited
- Occupancy Capacity for each program is as follows:
  - Lane Swim
    - **5 swimmers**
  - Aquacise
    - **8 swimmers**
  - Public Swim
    - **30 swimmers & spectators**
  - Parent & Tot Swim
    - **30 swimmers & spectators**
  - Swimming Lessons
    - **8 swimmers**
- The hot tub will have a maximum capacity
- Patrons are encouraged to call before they arrive to see if there are spots available, but CLS cannot guarantee that a spot will remain open for them
- Whenever possible, use contactless forms of payment and check-in
- To ensure that capacity numbers are being followed anyone entering the pool during a public program will receive a wristband. At the end of the program, the wristbands are to be dropped in a sanitizing bucket on the pool deck or returned to the Front Desk to be disinfected
- Children should be accompanied by an adult to ensure compliance with physical distancing. Children age 0-6 must have a parent or guardian 16 years of age swimming with them, with 2 kids to 1 adult. Youth age 7-11 must have a parent or guardian 16 years of age in the pool area with them, with 4 kids to 1 adult
- Seating areas are permitted on the pool deck but are subject to the physical distancing guidelines
- Whenever possible, members of the public should enter and exit the facility in their swim clothes to minimize time in change rooms
- Patrons must remove face masks prior to entering the pool
- All swimmers must take a cleansing shower prior to entering the swimming pool
- Life jackets will be available and are cleaned and disinfected regularly
- Patrons can bring and are responsible for your own toys. Toys allowed are:
  - Diving rings
  - Goggles
  - Pool noodles
  - Inflatable rings – no bigger than 36 inches (3ft)
  - PFDs

- Currently the Humboldt Aquatic Centre management is evaluating the viability to hosting swimming lessons and leadership courses and are hoping to have them return for Fall 2020
- Upon the re-opening of the Uniplex, the Multipurpose Room was available for rent. The maximum capacity for this space is **10 people**. [Banquet and Conference guidelines](#) will apply to renting the space

## **UNIPLX: CURLING RINK & LOUNGE**

CURRENT STATUS:	<b>TEMPORARY CLOSURE UNTIL DECEMBER 17</b>
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RE-OPEN SASKATCHEWAN:	PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER
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- Closure of facilities began in mid-March. All sport organizations had suspended operations in response to the pandemic
- Indoor sports and recreational activities were able to reopen in Phase 4 Part 2 (July 6) of the Re-Open Saskatchewan plan
- During the facility closure, the curling rink was used for storage and other means during the pandemic. Upon the re-opening of the Uniplex, the Curling Rink Lounge was available for rent. The maximum capacity for this space is **22 people**. [Banquet and Conference guidelines](#) will apply to renting the space
- The Curling Rink re-opened on November 23 by the Humboldt Curling Club.
- The Humboldt Curling Club will be required to follow the [CurlSask Return to Curling Guidelines](#) and the [Curling Canada Return to Play Guidelines](#)
- For inquiries on the curling season, please contact the [Humboldt Curling Club](#).
- Due to the new guidelines announced by the Government of Saskatchewan, the Curling Club is temporarily closed

## **UNIPLX: FOOD SERVICES**

CURRENT STATUS:	OPEN
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RE-OPEN SASKATCHEWAN:	PERMITTED, SUBJECT TO PUBLIC HEALTH ORDER
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- The Concession and Food Services was closed mid-March along with the closure of the entire Uniplex facility
- Cafeterias and similar facilities were able to re-open in Phase 3 of the Re-Open Saskatchewan plan. Effective July 6, these facilities are permitted to maintain an occupancy level that allows staff and customers to maintain appropriate physical distancing
- The Concession and Food Services at the Uniplex reopened on September 8<sup>th</sup> to serve the Humboldt Collegiate Institute (HCI) School Lunch Program
- The Food Services Manager and HCI collaborated to create a safe plan for the students to utilize the school lunch program while referring to the [Restaurants and Licensed Establishment guidelines](#) and the [Horizon School Division Re-Entry Plan](#)

- Cafeteria-style food facilities, where staff serve to customers, are allowed. Food must be protected from customer contact and cross-contamination.
- Physical barriers should be installed where tables cannot be adequately separated. For example, raised barriers should be installed between adjoining booths.
- Consider using one-way traffic flow to help maintain distancing and place markers to support physical distancing.
- Operators must promote physical distancing wherever possible – for customers and staff – including waiting areas, bar seating, food pickup areas, washrooms, and payment lines.
- Customers should be encouraged to wash or sanitize their hands prior to and following eating.
- Pre-packaged foods are acceptable but must be handled by employees only.
- Do not provide open self-serve food to customers (including refill stations, condiment stations, etc.).
- Post signs indicating that no customer items (e.g. wallet, purse, jacket) are to be placed on take-out or payment counters.
- Customers who are sick or on self-isolation must not be admitted.

## **APPENDIX: REFERENCE DOCUMENTS**

1. [Re-Open Saskatchewan Plan](#)
  - a. [Guidelines](#)
2. [Government of Saskatchewan Self Assessment Tool](#)
3. [Government of Saskatchewan Public Health Orders](#)
4. [Government of Saskatchewan COVID-19 Information for Business and Workers](#)
5. [Government of Saskatchewan Indoor Mandatory Masking Requirements](#)
6. [Government of Saskatchewan Guidance on Cloth and Non-Medical Masks](#)
7. [Government of Saskatchewan News and Media](#)
8. [Re-Open Humboldt](#)
9. [Softball Saskatchewan Return to Play Protocols and Guidelines](#)
10. [Baseball Sask. Return to Train and Play Guidelines](#)
11. [Slo-Pitch National Covid-19 Recommendations for League and Event Management Return to Play](#)
12. [Saskatchewan Soccer Association: Return to Soccer Plan](#)
13. [Football Saskatchewan: COVID-19 Return to Football Guidelines](#)
14. [Saskatchewan Hockey Seasonal Structure Suggestions](#)
15. [Saskatchewan Hockey Indoor Arenas](#)
16. [Saskatchewan Hockey Association: Return to Hockey](#)
17. [Hockey Canada: Return to Hockey Information & Updates](#)
18. [Adult Safe Hockey League – Return to Play](#)
19. [Skate Canada: Response to COVID-19](#)
20. [Curling Canada: Return to Play Guidelines](#)
21. [CurlSask: Return to Curl Guidelines](#)
22. [Swim Saskatchewan COVID-19](#)
23. [Horizon School Division Re-Entry Plan](#)