

**HUMBOLDT AQUATIC
CENTRE
JUNIOR LIFEGUARD
PROGRAM**

September 21, 2017

6:00-7:30 pm

October 26, 2017

6:00-7:30

Participants must be 10-15 years of age.

The HAC Junior Lifeguard Program will accept a maximum of 6 participants for the Fall session.

Volunteer hours must be completed by December 31, 2017.

We will call to confirm your spot

Applicants who have not taken the program will take precedence



**JUNIOR
LIFEGUARD
PROGRAM**

FALL 2017

**DO YOU SEE
LIFEGUARDING
IN YOUR FUTURE?!**

HAC Junior Lifeguard Program

The Junior Lifeguard Program is a fun way to learn what being an employee of the Humboldt Aquatic Centre is all about!

- Lifeguarding
- Teaching Swimming Lessons
- Aquafit Classes
- Public Relations
- Pool Maintenance

Junior Lifeguards will:

- respect the staff, rules and policies of the Humboldt Aquatic Centre
- set a good example to other swimmers both on and off duty
- be courteous and helpful to swimmers
- assist with guarding and instructing
- assist with maintenance
- be punctual, friendly, and ready to learn

Please review the Junior Lifeguard contract:

I _____ agree to complete 2 training sessions and volunteer as a Junior Lifeguard at the Humboldt Aquatic Centre for a minimum of 30 hours. In return, I understand I will receive a \$100.00 honorarium as long as my performance is satisfactory. I understand that I must fulfill the requirements of the program and complete the 30 hours of volunteer time within the session period. I am aware that I am not an employee of the City of Humboldt, I am strictly a volunteer of the Junior Lifeguard program at the Humboldt Aquatic Centre.

Date:

Signature of Applicant:

Signature of Guardian:

Mailing Address:

Phone Number:

Birthday:

Please answer the following questions

1. What is your favourite thing to do in the water?
2. Would you like to be a lifeguard in the future? Why?
3. Have you ever experienced an emergency in the water?
4. What would YOU like to learn about lifeguarding?
5. Have you taken part in the Junior Lifeguard Program before? If so, when?